



The Association for Psychodynamic Practice and Counselling
in Organisational Settings

APPCIOS <http://appcios.info/>

APPCIOS <https://www.psychodynamicthinking.info/>

Online Therapeutic Services

As well as providing bespoke consultation and training to organisations dealing with vulnerable client groups, some of our qualified therapists are now developing online therapeutic services for members of the public.

At present we can offer a limited provision of psychodynamic psychotherapy and counselling to young people and adults, as well as therapeutic support to families, parents and carers.

Current Services include:

- An advice, referral and assessment service for individuals and families;
- Highly trained and experienced therapists, who are fully insured, DBS checked and in good standing with their regulatory bodies;
- A central multi-disciplinary team to provide liaison with local professional networks and organisations where appropriate.

We also run a regular online discussion platform - '*Space to Think*' - where members of the public can bring thoughts and questions about the psychoanalytic implications of contemporary public concerns, as well as exploring how we apply this approach to organisational dynamics, human relations and individual mental health.

For more information or to make a referral contact us at admin@appcios.info.

APPCIOS is a Charity and a Member Institution of the [British Council of Psychoanalysis](#). To find out more about us, go to our websites: appcios.info and [psychodynamicthinking.info](https://www.psychodynamicthinking.info)